



The podcast **DEBRIEFING TALKS - STORIES OF SOLDIERS** is born

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Behind every mission are men, decisions, and sacrifices that are rarely told.

From this awareness comes **DEBRIEFING TALKS - Stories of Soldiers**, the new podcast created by **DifesaNews.com** in collaboration with **BrigataFolgore.net**.

A project that gives voice to those who were really there

Through interviews, analysis, and authentic stories, DEBRIEFING TALKS brings listeners the most human dimension of the military world: one made of training, camaraderie, fear, courage, and difficult choices.

Each episode is a *debriefing* — a moment of reflection, where those who have firsthand experience share what it truly means to “be there,” far from official narratives.

The podcast aims to offer a direct and sincere perspective on what happens behind the daily life of a soldier.

We don't talk about war, but about men. About their stories, their discipline, the values, and the moments that have marked them forever.

Already available on [YouTube](#) (also in [Music](#) version), in the [Podcast](#) section of DIFESANEWS.COM, on [Spotify](#) and, soon, on Apple Podcasts (iTunes), **DEBRIEFING TALKS - Stories of Soldiers** inaugurates a new way of telling the military world: authentic, respectful, and passionate.

First episode: From Folgore to Col Moschin, we interviewed Luca Fois, the Total Soldier

In this first episode of **DEBRIEFING TALKS**, Luca Fois tells what drove him to enlist, the challenges that led him to the Special Forces, and the evolution he experienced over time — both in training and technology — within the Italian elite units.

Enlisted in the early 2000s, he first served as a Paratrooper in the **[186th Regiment “Folgore”](#)**, then moved to the **[185th RAO Regiment](#)** as a **Target Acquirer** and, subsequently, to the **[9th Regiment Col Moschin](#)** as an **Incursor**. Among camaraderie, esprit de corps, and determination, Fois embodies the values that truly define a man in uniform.

After voluntary discharge, he chooses a new challenge: **the mountain**.

Today he pursues new records, carrying with him the same spirit that guided him in service.

Also on Spotify: