



Internship Programme: Join the NATO Internship Program and Contribute to Global Security

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If you are passionate about making a difference and wish to gain experience in one of the most prestigious international organizations, NATO offers a unique internship opportunity. The NATO Internship Program is now open for applications, with a six-month paid internship period starting in March or September 2026. This program offers the chance to work alongside international experts in various fields, including political affairs, defense, security, innovation, communications, and much more.

Objectives of the NATO Internship Program

The program aims to provide interns with a practical learning opportunity, fostering an understanding of NATO's internal dynamics and expanding technical and theoretical knowledge applicable in the workplace. Among the main objectives are:

- Offering interns the opportunity to learn from the NATO community and gain a more comprehensive view of the Organization.
- Enhancing NATO's access to applicable theoretical and technical knowledge through practical tasks.
- Contributing to the creation of a more diverse workforce.
- Expanding knowledge and understanding of NATO in member countries.

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Fields, Areas of Experience, and Eligibility Criteria

The internships cover a wide range of areas of expertise, from politics to defense, from security to technological innovation, from operations to human resources, to finance and infrastructure. Interns will have the opportunity to gain practical experience and become part of an international community working for the security and freedom of over a billion people.

To participate in the NATO Internship Program, the following requirements must be met at the time of application:

- **Age:** at least 21 years old.
- **Nationality:** be a citizen of one of the NATO member countries.
- **Educational status:** have completed at least two years of university or graduated no more than one year ago.
- **Languages:** knowledge of one of NATO's official languages (English or French). Knowledge of the second language is considered an advantage.

Compensation and Benefits

Those selected for the NATO Internship Program will receive the following benefits:

- **Monthly salary:** EUR 1,286 (for the year 2025), subject to annual variations based on inflation and NATO salary adjustments.
- **Travel:** once the start of the internship is confirmed, a prepaid plane/train ticket will be provided for a maximum amount of EUR 1,200. If traveling by car, costs will be reimbursed.

- **Leave:** entitlement to 15 days of paid leave during the internship period.
- **Internal training:** interns will participate in an orientation program and monthly briefings to gain an overview of NATO's activities and structure.

Conclusions

The NATO Internship Program represents one of the best opportunities for young talents eager to enter the world of international politics and defense. With comprehensive training, the opportunity to grow professionally, and competitive remuneration, it is an experience that offers both practical skills and a deep understanding of the NATO alliance and its global objectives.

The application deadline is June 22, 2025. If you are ready to embark on a journey that will not only shape your career but also allow you to contribute to NATO's mission, don't miss this opportunity!

For more information, visit the [official NATO Internship Program page](#), where you will find all the details on the application, eligibility criteria, benefits, and selection process.

Don't miss the chance to make a difference. Apply now!